

Let's practise!

Shoe Tying Certificate B · Butterfly Bow

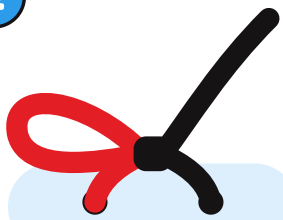
From about age 6

1



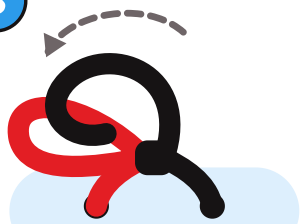
Cross the laces, one goes under. Pull tight.

2



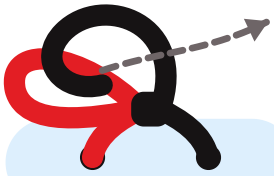
Make one loop and hold it.

3



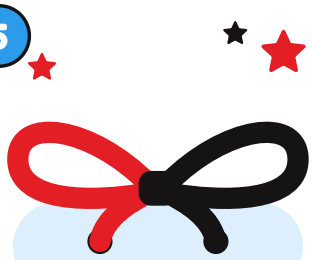
Wrap the other lace around the loop.

4



Push the lace through as a little loop.

5

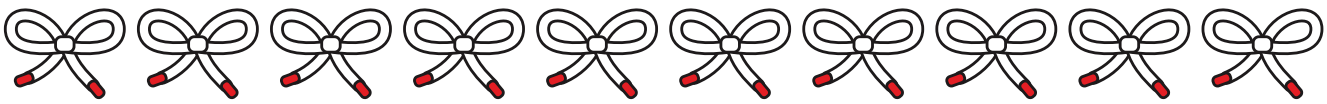


Pull the loops tight. Your butterfly is ready!

FOR GROWN-UPS

Sit next to your child, not opposite. That way nothing has to be copied in mirror image. Practise little and often. Flat laces in two colors show straight away which end goes where.

Did it? Color in a bow!



1 2 3 4 5 6 7 8 9 10

Test time! Can you do it without help? Color the star. Four stars = level B!

- ☆ I make one loop
- ☆ I push a little loop through
- ☆ I wrap the other lace around it
- ☆ I tie both my shoes